



COATS *Dual Duty<sup>XP</sup>*

# Autumn Leaves Candle Mat

Skill level – Beginner/Easy

By Elizabeth Hill

<b>Technique:</b>	Free motion
<b>Brand:</b>	Dual Duty XP
<b>Crafting time:</b>	An Evening

## Size

16" diameter

## Materials

Dual Duty XP Heavy Thread:

7450 Temple Gold,

8150 Spice,

900 Black

Dual Duty XP All Purpose Thread: 900 black

Coats Metallic Thread: 440 Gold or 9450 Copper

Black Felt: 1/2 yard

## Additional Requirements

Sewing Machine

Leaf and Acorn patterns

Topstitching needle: size 18 (110)

[makeitcoats.com](http://makeitcoats.com)



**Note:** Before starting your project use scraps of felt to test thread tension and adjust as needed. Generally a longer stitch and a higher upper tension is needed for heavier thread.

**Instructions:**

1. Cut one (1) 16 inch circle from black felt.
2. Trace and cut out leaf patterns. Trace and cut out 3 acorn patterns.
3. Arrange and pin paper patterns as desired at least 1 inch from circle edge. See photo.
4. Thread machine with first color Dual Duty XP Heavy on top and black XP All Purpose thread in the bobbin. Using a zipper foot stitch around the leaf paper patterns using a 3.7 mm stitch length. Use a 3.1 mm stitch around the acorns. Remove paper pattern pieces. Pull threads to back and tie.
5. Loosely stitch around the first thread outline with another shade of Dual Duty XP Heavy thread. Pull threads to back and tie.
6. Thread top of machine with Coats Metallic thread for the final row of stitches. Pull to the back and tie.
7. Press to remove any puckers or wrinkles.
8. Place circle right side up on remaining felt. Pin and cut backing for candle mat.
9. Finish the outer edge of the circle with a buttonhole stitch using black Dual Duty XP Heavy thread. Use the longest and widest settings on your machine. If your machine does not have a buttonhole stitch use a wide zigzag stitch.



