



COATS *Dual Duty^{XP}*

Flower Power Place Mats

Skill level – Beginner/Easy



By Lynn Browne

Technique:	Applique
Brand:	Dual Duty XP
Crafting time:	An Evening

Size

14" x 18"

Materials

Dual Duty XP All Purpose Thread: 1 spool each:
Yellow 7330,
Sunny Day 9373 (or select colors to match your fabric)
Fabric – medium to heavy weight, Yellow: 2 yards.
Fabric – medium weight, Blue: 1/2 yard.
Fabric – medium weight, Green: 1/4 yard.

Additional Requirements

Sewing Machine
Paper-backed Fusible Web: 1 yard
Fusible Fleece: 1 yard
Marking pencil or pen

makeitcoats.com



Cutting instructions:

Placemats: Cut eight (8) 14" x 18" rectangles (4 fronts and 4 backs)

Fleece: Cut four (4) 13" x 17" rectangles

Petals & Centers: Print & cut out included patterns. Following manufacturer's instructions, fuse paper backed fusible web to an area of the wrong side of the blue fabric large enough to cut 19* petals and an area of the wrong side of the green fabric large enough for 4 centers.

Trace 19 petals onto the paper fused to the blue fabric and 4 centers onto the paper fused to the green. Cut out petals and centers.

* If you are repeating the same design for all four mats, multiply the number of petals on design selected by 4.

Assembly instructions:

1. Center and fuse fleece following manufacturer's instructions to the wrong side of placemat fronts. (The fleece is 1/2" smaller all around to allow for seam allowances.)

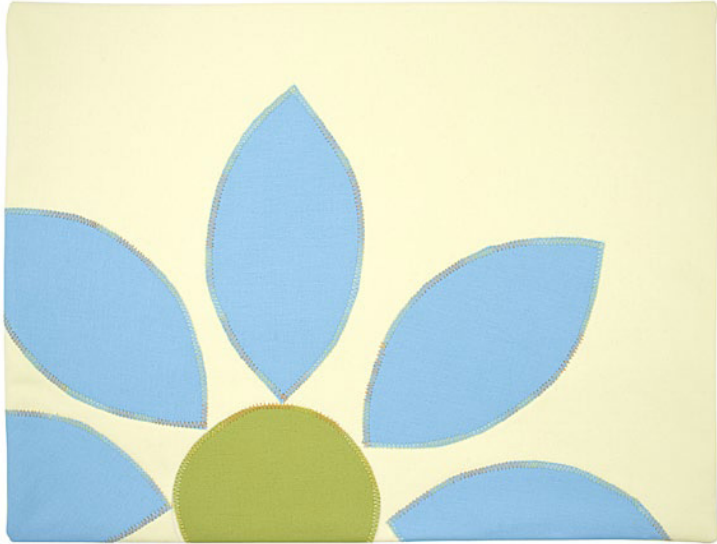
2. Following pictures on next page, arrange centers and petals on placemat fronts. Trim away sections that extend past the cut edges of the placemat. Fuse in place following manufacturer's instructions.

3. Thread machine with Sunny Day on top and yellow in the bobbin.

Set machine for a zig zag stitch. Stitch around each petal and center, positioning the stitch so that the stitch is mostly on the appliqué rather than the background. Pull thread ends to wrong side and tie off.

4. Place place mat front to back right sides together. Stitch around mat, using a 1/2" seam allowance leaving an opening for turning. Clip corners, press seam open. Turn, press. Sew opening closed.

Flower Power Place Mats



Copyright © 2013
Coats PLC

makeitcoats.com



