



COATS *Dual Duty*^{XP}

Yo Yo Band pillow

Skill level – Beginner/Easy

By Elizabeth Hill

Technique:	Running stitch
Brand:	Dual Duty XP
Crafting time:	An Evening

Pillow shown used fabric from the Nochella collection from Top Drawer available at fabric and craft stores.

Size

17" x 17"

Materials

Dual Duty XP™ All Purpose thread to match
Coordinating fat quarters (or a variety of scraps)-6 prints
4-inch circle pattern
17-inch square decorative pillow

For this sample 6 coordinating fat quarters were used to make 54 yo-yos, 9 of each fabric three yo-yos across. Adjust numbers as desired, adding more yo-yos for larger pillows.

makeitcoats.com



Yo Yo Band pillow

Instructions:

1. Thread needle with Dual Duty XP™ All Purpose thread. Double thread and knot.
2. Turn under 1/8" of fabric edge to the wrong side of the fabric turning back enough fabric for two or three stitches at a time. Sew running stitch close to the folded edge. Stitches should be approximately 1/8" to 1/4" long and evenly spaced. Continue around the circle.
3. Draw up thread as tight as possible to form a tight circle. Make sure the right side of the fabric is showing! Backstitch to secure yo-yo. Smooth and flatten yo-yo so the hole is in the center.

Make the Yo-Yo Band

1. Play with fabric placement until you find a desirable pattern or just enjoy random placement of the yo-yo's to see what pattern emerges.
2. Make horizontal rows of three each by placing 2-yo-yo's right sides together tacking sides with 3 or 4 stitches, All Purpose thread that has been doubled. Knot. Add another yo-yo to complete the row.
3. Once you have completed 18 rows of yo-yo's begin sewing rows together. Sew 2 rows together right sides facing at the top edge of each yo-yo.

4. Repeat with remaining rows until you have a band long enough to completely circle the pillow. Sew ends together.

5. Place yo-yo band over the center of the decorative pillow.

4-inch circle pattern for 2-inch Yo-Yos

