



Spa Slippers

Skill level: Intermediate



Featuring:
Dual Duty XP® All-purpose thread

Technique:	Sewing
Designed By:	Lori Harder
Brand:	Coats, FreeSpirit
Crafting Time:	Day

Relax in these Spa Slippers. They are simple to make and feature frayed woven strips of fabric zigzagged onto a lining fabric and trimmed with self-made bias binding.

Finished Size: Shoe size

Supplies

Coats Dual Duty XP® All Purpose Thread, 1 spool contrasting color, 1 to match fabric

Fat Quarters in 7 contrasting prints: 6 contrasting fabrics for weaving, 1 contrasting fabric for bias binding
Solid Lining Fabric 1¼ yds. (1.14 m)
Heavyweight Fusible Fleece ¼ yd (.23 m)
Fusible Ultra Firm Stabilizer ¼ yard (.23 m)
Anti-Skid Gripper Fabric For Pajamas & Slippers, 1 package
Pattern for Upper Slipper and Sole

Additional Requirements

Sewing machine
Basic sewing supplies
Press cloth
Iron and ironing board
Sandal or flip flop to trace-Size US 8 given (UK 6, Europe 39)

Note: In our example, we used Free Spirit Butterfly Garden by Dena Designs. The fleece and stabilizer used were from Pellon and the Anti-Skid fabric was from Dritz.

makeitcoats.com

CS0281

Page 1 of 5



Instructions

1. The pattern given is a size US 8.(UK 6, Europe 39). If sewing a different size, trace around the bottom of a sandal or flip flop for the sole of the slipper. Cut out a cardboard template.
2. Using the sole pattern template trace a left and right sole on the Lining Fabric, Fusible Fleece, Fusible Stabilizer and Anti-Skid Gripper Fabric. Be sure to pin over the template so that you have 1 left and 1 right of each fabric. Cut out each piece.

To make the slipper sole layer as follows: Place the Fusible Fleece adhesive side up on the ironing board. Place the lining of the sole right side up on top of Fusible Fleece and fuse using a press cloth following manufacturer's instructions. Next place the Fusible Stabilizer of the sole adhesive side up and lay the lining and fleece with the fleece side down on top of stabilizer. Fuse following manufacturer's instructions.

3. Make bias binding by cutting 3 strips 2"(5.08 cm) wide on the diagonal from corner to corner of opposite sides of one fat quarter.
4. Using the remaining 6 contrasting fat quarters, tear four 1"(2.54 cm) strips by making a clip in the selvage and ripping on the cross grain. Use only the 3 strips with torn edges on each side. Fray these edges by pulling a few threads off each side.

5. To make the fabric for the toe of the slipper, cut an 18" x 11" (46 x 28 cm) piece of lining fabric. Place the lining right side down with the 11"(28 cm) side on the left-hand side on top of the ironing board (or padded surface). Starting at the left-hand side of lining, pin through each of 10 strips lined up side by side on the far left, through lining and through ironing board.



Cut the remaining strips in half. Weave the frayed strips into a checkerboard pattern.



Once woven, take pins out of ironing board and pin all 4 edges of checkerboard onto lining. Zigzag stitch down the center of each strip on the vertical grain and the cross grain.



6. Cut 1 of the toe pattern piece out of the woven fabric for the right foot, then turn the pattern over and cut 1 for the left foot.
Note: If making a smaller size than size US 8 (UK 6, Europe 39), draft a pattern using the size US 8 (UK 6, Europe 39) pattern for the toe piece. For each smaller size decrease $\frac{1}{8}$ " (.3 cm) at outer corners of toe piece drawing a curved line up to the tip of the toe merging at about 1" (3.81 cm) up from the easing dots. If making a larger size, add $\frac{1}{8}$ " (.3 cm) at outer corners of toe piece for each size. Draw a curved line from the new established corner merging at about $1\frac{1}{2}$ " (3.81cm) up from the easing dots. Make sure to mark the dots on the outside of foot on the corner of the cutout toe piece. Also mark the dots at the tip of the toe for easing.
 7. Take one of the 2" (5.08 cm) bias strips and press in half lengthwise. Cut this strip in half. Use one of these strips on the slightly curved edge of the right toe piece with the cut edges of the binding aligned with the lined side of the toe piece. Stitch using a $\frac{1}{4}$ " (.6 cm) seam. Wrap binding over slightly curved edge of toe and edge-stitch into place. Repeat step 7 for the left toe piece.
 8. Set machine for a longer stitch. Sew a row of gathering stitches between the dots on tip of toe pieces $\frac{3}{16}$ " (.48 cm) away from the edge leaving 3" (7.62 cm) of threads extending on each side from dot to dot. Pull the top thread on each toe piece to ease the toe to fit between the dots on the sole piece. Make sure the right toe goes on the right sole and the left toe goes on the left sole by matching the dots on the outside of the foot.
 9. Place the Anti-Skid Gripper Fabric with the gripper side down on a flat surface Match up the sole piece of lining, fleece and stabilizer on top of the gripper fabric with the stabilizer side down on the wrong side of the gripper fabric. Put a few pins at toe, heel, and each side of the foot to hold in place while fitting the bias binding onto the sole and toe.
 10. Pin toe piece of right foot on top of the lining, fleece, stabilizer and gripper fabric of the right sole piece through all layers of the toe and sole matching up the easing dots and all around the edge. Repeat step 10 for the left slipper.
 11. Press each of the 2 remaining 2" (5.08 cm) wide bias strips in half lengthwise. Fold in $\frac{5}{8}$ " on the end of a strip and starting on the inside of the sole of the right foot about an inch below the bottom of the toe piece matching up the cut edges of binding and edge of slipper on the bottom side of the slipper. Work around the heel and the rest of the sole overlapping the folded edge of the strip about $\frac{3}{8}$ " (.95 cm). Stitch around the sole $\frac{3}{16}$ " (.48 cm) away from the edge.
 12. Wrap the bias binding around the outside edge of the sole bringing it on top of the edge of the sole showing about $\frac{3}{8}$ " (.95 cm) width of the binding. Edge-stitch around the edge of the binding.
- Tip:** Bias strips can be shaped into a curve before pinning to the slipper. After pressing the strip in half lengthwise, place it on the ironing board and shape to resemble curve of sole. Press with steam iron.



