



Spa Mask

Skill level: Beginner

Featuring: Dual Duty XP

Technique:	Sewing
Designed By:	Linda Turner Griepentrog
Brand:	Coats
Crafting Time:	Evening

This versatile mask will help you relax in style, whether in a warm bubble bath, or reclined on your chaise. The soft Cuddle lining bathes your tired eyes in luxury, while blocking any jarring light.

Finished Size:

3¼" x 6½" (8.26 cm x 16.51 cm)

Supplies

Note: This amount of fabric will make multiple masks.

Dual Duty XP All Purpose thread

⅛ yard (11.43cm) Cuddle* fabric or terrycloth

⅛ yard (11.43cm) contrast fabric

⅛ yard fusible fleece

½ yard (45.72cm) colored elastic

Additional Requirements

Walking foot (optional)

Pattern tracing paper

Mask template (provided)

***Shown:** Extra Wide Solid Cuddle 3® Silver, from Shannon Fabrics

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CS0282

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Preparation

Trace the mask template onto pattern tracing paper.

Cutting

From the Cuddle (or terrycloth), cut:

1 mask, using the supplied template

From the contrast fabric, cut:

1 mask, using the supplied template

From the fusible fleece, cut:

1 mask, using the supplied template

Note: Seam allowance is ¼" (.64 cm).

Assembling the Mask

1. Fuse the fleece to the wrong side of the contrast fabric mask piece.
2. Hold the mask up to your face and pin the colored elastic in place with the ends at the dots; stretch to fit comfortably and cut the elastic to that length.
3. Baste the ends of the elastic to the mask, being careful not to twist it.
4. Place the Cuddle and contrast fabric mask pieces right sides together, pinning the elastic out of the way so it doesn't get caught in the stitching. Sew around the edges, leaving a small opening at the upper edge for turning. Trim the seams and clip the curves. Turn right side out and press. Be careful not to press on the elastic.
5. Hand stitch the opening closed.



