



In the Pink Ruffled T

Skill level: Beginner

Technique:	Hand Sewing
Designed By:	Linda Turner Griepentrog
Brand:	Coats
Crafting time:	Weekend

October is National Breast Cancer Awareness Month and pink is the color to sport at local races and celebratory events. But, don't just go plain pink—add some fun feminine ruffles to your T for added pizzazz. A little hand stitching with bold thread, is all it takes to be a stand-out.

Supplies

Coats Bold Hand Quilting Thread
Pink T-shirt in your size
Matching pink T-shirt to cut for trim

Additional Requirements

Large-eye hand sewing needle
Air-soluble marker

Featuring:
Coats Bold
Hand Quilting Thread

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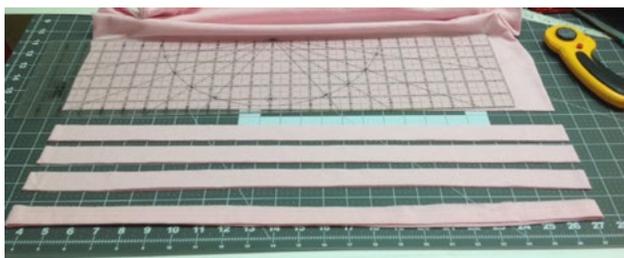
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CUTTING

From the extra pink T-shirt:

Cut off the shirt hem; cut 3-4 strips, 1" wide and the width of the shirt. **(Image 2)** Cut the strip along one folded end and press the strips, being careful not to stretch the knit.

Image 2



Preparing the Shirt:

Beginning 1" below the lower neck ribbing edge, mark 3 parallel lines 1" apart.

Note: Leave at least 1" below the ribbing to allow the neckline to stretch when you put the shirt on. **(Image 1)**

Image 1



Making the Ruffles

1. Lay the strip centered over the uppermost marked line, beginning at one shoulder seam.
2. Pin the strip in place creating a flat area, then a raised tuck, repeating for the entire length of the line. **(Image 3)** OR, plan to simply push the tucks into place as you stitch, without pinning. Either method will create an informal ruffle. Work with only one ruffle strip at a time.

Image 3



3. Thread the needle with a double strand of Bold Quilting Thread*. Beginning at the shoulder seam, take two big stitches to anchor the strip in place. Move past the tuck and take two more big stitches. If you chose not to pin the tucks in place, stitch, then push the tuck into position, stitch, push the tuck, etc.—you develop a rhythm for this process. Don't worry about making the tucks/spaces even, as some variation adds interest.

4. Continue stitching along the entire ruffle, trimming any extra length when you get to the other shoulder seam.
5. Repeat the ruffling process for the other two strips, butting the edges to the previously sewn strip for spacing. **TIP:** If you run out of ruffle length, simply overlap ends with the previous strip and continue on.

OPTIONS

6. If you prefer a flatter finish, press the tuck folds to one side after attaching. **(Image 4)**

Image 4



7. Add ruffles to the lower sleeve edges in the same manner, beginning and ending at the underarm seam, if desired.
8. Instead of just stitches between the folds, add a small bead for a jeweled shirt.

*Coats Dual Duty Plus Hand Quilting thread or Button & Craft thread may also be used.